

## IN THE CLAIMS:

We claim:

1. A marking surface providing penmanship improving indicia, comprising:  
a marking area including ink capable of disappearing; and  
an overlying barrier sheet for preventing permeation of air, said overlying barrier sheet being removably affixed to the marking surface;  
wherein removal of said overlying barrier sheet initiates a chemical reaction process in which said ink disappears with time.
2. The marking surface of claim 1, wherein said barrier sheet is a sheet of synthetic polymer.
3. The marking surface of claim 1, wherein said barrier sheet is a sheet of lightweight aluminum foil.
4. The marking surface of claim 1, wherein said marking area includes an area for writing a note between a plurality of lines formed from said ink.
5. The marking surface of claim 1, further comprising a series of instructions located on said barrier sheet.
6. A system for providing guidance for writing a note,  
comprising:  
a writing surface including a guidance means formed of a substance capable of disappearing; and  
an activating cover for initiating a reaction process when placed over said writing surface, thereby causing said substance to disappear.
7. The system of claim 6, wherein said activating cover is treated with an oxidizing agent for reacting with said substance on said writing surface to cause said substance to disappear.
8. The system of claim 6, wherein said activating cover is a sheet of

synthetic polymer.

9. The system of claim 6, wherein said activating cover is a sheet of light-weight aluminum foil.

10. A method for providing a writing surface with penmanship improving indicia, comprising:

treating the writing surface with a disappearing substance to form the penmanship improving indicia; and

covering the writing surface with an air-impermeable cover to prevent exposure of the writing surface to air.